

**THANK YOU** for donating food items to the New Covenant Center!

**Our donated goods are given to people in need and are NOT used by the soup kitchen for meals served at the Center.** We ask parishioners to adhere to the list on the bag for item type and size. We appreciate your overwhelming generosity but need to conform to the size request by the New Covenant Center.

**Items in bold and with asterisks are especially needed.**

<b>**Canned Soups (Progresso &amp; Campbell's Chunky)</b>	<b>28oz</b>
<b>**Canned Tomato Sauce (not diced tomatoes)</b>	<b>16oz</b>
<b>**Jelly</b>	<b>12-18oz</b>
<b>**Cold Cereal (Special K, Cheerios, Raisin Bran)</b>	<b>12.1- 14oz</b>
<b>**Dry Black Beans- bag</b>	<b>16oz</b>
<b>**Canned Ravioli</b>	<b>16oz</b>
Canned Chicken Broth	14.5oz
Canned Evaporated Milk	5- 12oz
Instant Oatmeal (Box of 8 packets)	
White sugar (small bag)	2lb
Flour (small bag)	2lb
Oil bottle (small)	12oz
Instant Coffee	12oz jar/canister
Hot Chocolate (Box of 8 packets)	
Sardines	3.75oz tin
Roasted almonds/ pistachios	6-8oz can



**Bags must be returned before all masses on either Saturday, Nov 2<sup>nd</sup> or Sunday, Nov 3<sup>rd</sup> but no later than the start of the 11:30am mass on Nov 3<sup>rd</sup>.**

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**WE Need VOLUNTEERS** at the start of each mass to collect the bags of food in their car and then transport the food to the New Covenant Center at 1:15pm on Sunday, Nov 3<sup>rd</sup>. We also need volunteers at 1:30pm for approximately 1.5 hours to sort the food onto the New Covenant Center shelves.

**If you are able to help please contact Eileen Westfahl (203)595-0560 or by e-mail at ewestfahl@aol.com**